



TORCH RIVER RESOURCES LTD.

FOR IMMEDIATE RELEASE

June 23, 2009

THREE JAYS, HAPPY JOHN, MONITOR-NAHMINT PROJECT FIELDWORK UPDATE:

Management is pleased to announce results of geological, geochemical and geophysical mineral exploration on the Nahmint Project, located 30 km southwest of Port Alberni, BC. Historic mining took place on the Three Jays mining property in 1898 to 1902 and a total 1,100 m (3,608 feet) of cross-cut and drifts were driven from 3 levels. The mining operation produced 148,889 kilograms (328,244.1 pounds) of copper, 75,207 grams (2,417.96 troy ounces) silver, and 1,929 grams (62.018 troy ounces) gold (source: Minfile).

The mineralization consists of chalcopyrite, magnetite, bornite, and pyrite in a gangue of epidote, garnet and actinolite. Skarn type (calcic exoskarn) mineralization is known to occur as individual ore shoots from 2-8.5 meters (6.6-27.9 feet) wide and 20-45 meters (65.6-147.6 feet) in length and is hosted in Quatsino limestone and tuffs/flows of the Karmutsen Formation. The ore shoots strike E-W and dip sub-vertical and occur in several areas of the crown grant claims covering a distance of 1,500 meters (4,920 feet). In addition to skarn mineralization, disseminated mineralization is known to occur in the adjacent intrusive and volcanic rocks. The intrusive rocks nearby are Early Middle Jurassic Plutonic Suite and include granodiorite and diorite porphyry lithologies.

THREE JAYS: (Reported April 6, 2009)

Rock chip samples prefixed PAC are from the Pacific Crown Grant (90-110 meters elevation) located 1.2 kilometers east-southeast of the Three Jays Cu-Ag-Au deposit. Rock chip samples prefixed VIK are from the Viking Crown Grant (650-750 meters elevation) located 0.6 kilometers south-southeast of the Three Jays Cu-Ag-Au deposit.

| <u>Sample no</u> | <u>Width</u> | <u>% Cu</u> | <u>g/t Ag</u> | <u>g/t Au</u> | <u>Alteration</u> | <u>Minerals</u> |
|------------------|--------------|--------------|---------------|---------------|--------------------------------------|-------------------------------|
| PAC09AR1 | 0.2 m | 2.41 | 11.2 | 0.450 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite |
| PAC09AR2 | float | 1.02 | 0.8 | 0.049 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite |
| PAC09AR3 | 0.2 m | 2.39 | 2.5 | 0.063 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite |
| PAC09AR4 | 0.3 m | 0.64 | 0.5 | 0.007 | skarn, epidote, chlorite, actinolite | azurite, cpy., py., magnetite |
| PAC09AR5 | float | 21.02 | 61.8 | 0.475 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite, bornite |
| VIK09AR1 | 0.3 m | 10.48 | 46.5 | 0.280 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite |
| VIK09AR2 | float | 15.01 | 58.9 | 0.070 | skarn, epidote, chlorite, actinolite | cpy., py., magnetite |

Source for assay results: Report 2092209, Pioneer Labs, Richmond, BC

To determine lateral extent of mineral zones, a program of magnetometer geophysical surveying, and soil geochemical sampling was carried out on a 500 X 500 meter and a 300 X 400 meter area on the Pacific and Viking mineral zones respectively. Geochemical analysis of a soil sample, taken 60 meters southwest of rock chip sample PAC09AR5, returned 1,664 ppm Cu, 1.2 ppm Ag and 22 ppb Au. The old workings consist of three cuts and a 4 meter long tunnel located on the Pacific Crown Grant at 90-100 meters elevation. Cuts and tunnel targeted two parallel shear zones that contain variable massive magnetite, pyrite and chalcopyrite trending NE and dipping moderately northwest. The area of the old workings was surveyed with a magnetometer (GEM GSM-19T) resulting in a 250-350 nT negative magnetometer anomaly (and 100 m to the north of a 600-700 nT positive anomaly).

THREE JAYS GRID: (Update)

The main feature of this grid is a 100 X 150 meter area copper in soil anomaly (>500 ppm Cu) that correlates with the location of the old workings. The Three Jays soil grid shows a zone of gold in soil (10-245 ppb Au) in the northwest portion of the grid, and zinc in soil (100-801 ppm Zn) in the west portion of the grid. Rock chip sampling of bedrock and float returned assay values as follows:

| <u>Sample #</u> | <u>alteration</u> | <u>minerals</u> | <u>comments</u> | <u>width (m)</u> | <u>elevation (m)</u> | <u>lithology</u> | <u>% Cu**</u> | <u>g/t Ag*</u> | <u>g/t Au*</u> |
|-----------------|------------------------------------|----------------------|-------------------------------|------------------|----------------------|------------------|---------------|----------------|----------------|
| TJ08AR2 | skarn, epidote, garnet, actinolite | cpy.,py bornite | sub-crop near shaft | 0.15 | 576 | marble | 7.20 | 17.4 | 0.02 |
| TJ08AR3 | skarn, epidote, garnet, actinolite | cpy.,py bornite | shaft dump grab | float | 600 | marble | 2.03 | 22.0 | 0.25 |
| TJ08AR4 | skarn, epidote, garnet, actinolite | cpy.,py magnetite | 345 degree adit (hangingwall) | 1.0 | 544 | marble | 3.12 | 36.0 | 0.19 |

** Assay * Geochemical Analysis by Pioneer Labs, Richmond, BC (lab report 2082062)

| <u>Sample #</u> | <u>alteration</u> | <u>minerals</u> | <u>comments</u> | <u>width (m)</u> | <u>elevation (m)</u> | <u>lithology</u> | <u>% Cu**</u> | <u>g/t Ag*</u> | <u>g/t Au*</u> |
|-----------------|------------------------------------|--------------------|--------------------------|------------------|----------------------|------------------|---------------|----------------|----------------|
| TJ09AR1 | skarn, epidote, garnet, actinolite | cpy.,py bornite | shaft dump grab | float | 575 | marble | 13.80 | 60.4 | 0.16 |
| TJ09AR2 | skarn, epidote, garnet, actinolite | cpy.,py bornite | shaft dump grab | float | 573 | marble | 15.25 | 52.1 | 0.11 |
| TJ09AR3 | skarn, epidote, garnet, actinolite | cpy.,py bornite | sub-crop 15 m W of shaft | float | 570 | marble | 10.85 | 56.2 | 0.33 |

** Assay * Geochemical Analysis by Pioneer Labs, Richmond, BC (lab report 2092283)

A 500-1,200 nT magnetometer reading increase was noted in a 200 X 400 m area (anomaly long axis oriented roughly east-west) in the north portion of the grid located 100-300 m north of Cu in soil anomaly.

MONITOR: (Reported April 6, 2009)

The following table lists rock chip samples from the Monitor mineral occurrences, which are located 50-300 meters from tidewater, at 30-200 meters elevation, and about 100-750 meters ESE of the mouth of Handy Creek.

| sample no | width | elev (m) | lithology | minerals | % Cu | g/t Ag | % Zn | g/t Au |
|-----------|-------|----------|-------------------|----------------------------|-------------|-------------|--------------|-------------|
| MON09AR1 | float | 31 | basalt, andesite | cpy.,py.,magnetite, MnO2 | 5.12 | 9.5 | 0.04 | 0.01 |
| MON09AR2 | 0.2 m | 116 | basalt, limestone | cpy.,py.,magnetite, sphal. | 2.41 | 58.2 | >1 | 0.22 |
| MON09AR3 | 0.3 m | 104 | basalt, limestone | cpy.,py.,magnetite | 0.03 | 0.5 | 0.09 | 0.01 |
| MON09AR4 | 0.2 m | 188 | basalt, andesite | cpy.,py. hematite, sphal. | 1.02 | 45.6 | >1 | 0.05 |

Geochemical anomalies in soil samples on the Monitor are summarized in table below:

| Easting | Northing | Elevation m. | ppm Cu | ppm Ag | ppm Zn |
|---------|----------|--------------|--------|--------|--------|
| 357800 | 5427900 | 115 | 778 | 0.9 | 217 |
| 357800 | 5427950 | 129 | 436 | 0.4 | 77 |
| 357900 | 5427700 | 55 | 362 | 0.5 | 968 |
| 357900 | 5427750 | 66 | 1,558 | 1.5 | 1,301 |
| 357900 | 5427800 | 81 | 332 | 1.3 | 1,350 |

A magnetometer survey of the Monitor mineral zones shows a 300-500 nT positive anomaly on Easting 357800, station 5427850-5427900 N, located immediately south of the Cu in soil anomaly on L 357800 E.

HAPPY JOHN GRID: (Update)

Soil samples taken over the Happy John revealed a widespread zinc in soil anomaly (i.e. 27 out of 43 samples taken returned between 104 to 4430 ppm Zn). The Zn in soil anomaly roughly correlates with weakly anomalous Cu (i.e. 14 out of 43 samples taken returned between 109 to 293 ppm Cu). Above average Au values occur throughout the Happy John No 2 grid (10 soil samples with 14-75 ppb Au), and in the north and south portions of Happy John No 4 grid (7 soil samples with 12-58 ppb Au).

Rock chip samples from the Happy John grid gave the following results:

| sample no | width | elev (m) | lithology | minerals | % Cu | g/t Ag | g/t Au |
|-----------|-------|----------|-------------------|----------------------|-------------|-------------|--------|
| HJ09AR1 | 0.2 m | 95 | basalt, limestone | cpy.,py., magnetite | 8.1 | 35.1 | 0.06 |
| HJ09AR2 | float | 336 | basalt, andesite | cpy.,py., magnetite, | 0.13 | 3.8 | 0.04 |
| HJ09AR3 | 0.2 m | 407 | basalt, limestone | cpy.,py., magnetite | 7.05 | 25.3 | 0.01 |

Magnetometer readings were taken over the Happy John No 2 and No 4 grid. The west portion of the No 2 grid has a zone of above average readings.

Further mapping, soil geochemical surveys, rock chip sampling, magnetometer geophysical surveys in the area of the Orphan Boy, Black Prince, Saucy Lass, and Sunshine copper skarn showings is planned. Further evaluation of Cu-Zn-Ag-Au mineral zones on the Nahmint Property will be directed at zones of economic importance (i.e. significant grade and tonnage). Rock chip, soil sampling and magnetometer surveys were carried out by Andris Kikauka, P.Geo., a Qualified Person for the purposes of NI 43-101.

Torch is a company listed and trading on the TSX Venture Exchange, symbol: TCR.
FOR FURTHER INFORMATION PLEASE CONTACT:

William E. Pfaffenberger
President and Chief Executive Officer
Torch River Resources Ltd. (www.torchriver.ca)
Telephone No. (403) 444-6888

or

ProActive Communications Co.
Local Vancouver: (604) 541-1995
Or toll free (800) 540-1995

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**Bankers Hall West Tower,
Bankers Hall West Tower, Suite 1000, 888 – 3rd St. S.W.
Calgary, Alberta T2P 5C5**